Senior Community Centers

GECAC's senior centers are dedicated to encouraging personal growth, fostering active participation in the community, and helping residents age 60+ achieve and maintain an independent, healthy lifestyle. Our seven senior centers are located throughout Erie County. They offer a wide variety of leisure and educational programs, support groups, special events, and trips. In addition, the centers' staff serve as a resource for GECAC's Area Agency on Aging. LIFT transportation is available at no cost to eligible seniors.

Corry Senior Center

25 South First Avenue • 814-664-2477

Erie West Senior Center

1210 West 8th Street • 814-451-5634

North East Senior Center

50 East Main Street • 814-725-5195

Northwestern Senior Center

9 Academy Street, Albion • 814-756-5373

R. Benjamin Wiley Central City Senior Center

823 Peach Street, Erie • 814-451-5633

Tri-Boro Senior Center

7555 West Ridge Road, Fairview • 814-474-2211

Union City Senior Center

27 Johnson Street • 814-438-2146



Greater Erie Community Action Committee 18 West 9th Street Erie, PA 16501

www.gecac.org

GECAC AREA AGENCY on AGING



Senior Farmers' Market Nutrition Program

The Senior Farmers' Market Program provides low-income seniors with voucher that can be exchanged for eligible foods (fruits, vegetables, and fresh-cut herbs) at farmers' markets, roadside stands, and community-supported agriculture programs.

The Greater Erie Community Action Committee, better

known as GECAC, is Erie County's Community Action

Agency. It was created to change people's lives, improve our

community and make it a better place to live. We care about

the entire county— and are dedicated to helping people

help themselves and each other as they move from poverty

to self-sufficiency. Whether you are working at minimum

wage, a senior living on a fixed income, or a wage earner

suddenly out of work, Community Action is here to help

you meet your emergency needs and start you on the road

June 2022

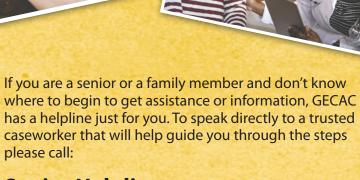
to self-sufficiency.



www.gecac.org

Helping People. Changing Lives.

In 1974, through the Older
Americans Act, Congress
established a nationwide network
of organizations called the Area
Agencies on Aging to serve every
senior, in every town throughout
America. Your local GECAC Area
Agency on Aging was designated
as one of those 600 organizations
created. Because of these
organizations, millions of older
Americans have lived more secure,
healthier, and meaningful lives.



Senior Helpline (814) 459-4581 ext. 400

You will be asked to participate in a needs assessment. This assessment will determine what kind of support you need, whether it is in-home care or long-term care services. You will then learn about the resources available to meet your needs.

PA Medicare Education **And Decision Insight**

GECAC PA MEDI Counselors assist more than 3,500 seniors concerning Medicare insurance each year free of charge. Counselors help them choose the right coverage plan, provide information, and sort through all of the different benefit options.



Home PLUS

Aging services are provided to people living at **Schmid Towers** and Friendship Apartments to help residents maintain their independence.



Senior Community Service Employment Program

(SCSEP) is a paid employmenttraining program that helps mature workers transition into meaningful employment. SCSEP offers wages for participants while they gain valuable experience with partner community service agencies in supportive, real-work settings.

Directory of Services

Support for Caregivers

of Grandchildren

Grandparents who are raising

we have money available to help

you. Caring for others takes time,

energy, and especially money. Our program will reimburse you for your grandchildren's: clothing,

personal care items, school

supplies, dues for recreational

and extracurricular activities,

Long-Term Care

Ombudsman

Ombudsmen are specially

trained and certified and have

authority under Pennsylvania

law to identify, investigate and

or on behalf of, long-term care

facility residents. Ombudsmen

are advocates for the residents

of these facilities. Our priority

is to protect the rights of

long-term care residents

and ensure they receive fair

Ombudsman volunteer. You

and empower long-term care

life and their quality of care.

treatment. You can become an

will receive training to advocate

residents, improve their quality of

resolve complaints made by,

tuition, and daycare.

your grandchildren—

Support for Caregivers of Older Adult

If an older person relies on you to provide unpaid help with day-to-day activities, GECAC's Caregiver Support program wants to financially assist you. As a caregiver, you may be eligible to be reimbursed up to \$600 per month to help with your out-of-pocket expenses.

In-Home Care

Many seniors find that as they get older they can't always do the day-to-day things they need to stay safe and healthy on their own. Seniors may need someone to help them with things like bathing, dressing, grooming, and meal preparation. A care manager works closely with the older adult and their family to develop a plan of care to manage daily activities and arrange for providers to meet their needs in order to safely remain in their homes and community.

Property Tax and Rent Rebate

Provides relief to low-income seniors in the form of property tax and rent relief. Assistance to complete the applications is available at no cost from the GECAC Area Agency on Aging.

Health & Wellness

Our exercise and wellness classes aim to promote healthier lifestyles among seniors so that there is a measurable improvement in their quality of life. Classes provide older adults age well.

with the information they need to

Meals on Wheels

GECAC Meals on Wheels has been guided by a single goal – to support our senior neighbors to extend their independence and health as they age. GECAC offers free meals paid for by federal, state, and county funds, including the Pennsylvania Lottery. Every visit comes with a nutritious meal, a safety check, and an assessment of any changes that might impact future



arrangement for adults aged 18 and older who are unable to live independently

Domiciliary Care provides a

supervised, home-like living

in the community. Certified care providers are nurturing individuals who have the desire to give daily, personalized care and attention to residents and encourage a sense of belonging and independence in their own homes. Residents receive room, board, and care services in a

family home environment.

Domiciliary Care

Foster Grandparent Program

Become a Senior Corps volunteer through the **Foster Grandparents** Program and help at-risk children love learning. Foster Grandparents help children in an educational setting with math, writing, and reading. Volunteers receive a stipend to participate.



AmeriCorpsSeniors

medical needs.





Retired Senior Volunteer Program

Become a Senior Corps volunteer through the RSVP program and use your skills, knowledge, and life experiences to better your community. RSVP is a vibrant, vital, and exciting civic opportunity for people 55+.





Older Adult **Protective Services**



Our staff investigates abuse, neglect, abandonment, or exploitation. **Report Elder Abuse!** Phone lines answer 24 hours a day, every day.

Daytime Hotline: (Monday-Friday) (814) 459-4581 ext. 205

Evening/Weekend Hotline: (814) 451-1520

Statewide Toll-Free Hotline: 1-800-490-8505