

# Seniors & Poverty

In President Lyndon B. Johnson's speech on March 16, 1964, in which he announced the war on poverty, the president promised that "through a new Community Action program we intend to strike at poverty at its source—in the streets of our cities and on the farms of our countryside among the very young and the impoverished old."

Through wars and recessions, natural disasters and plant shutdowns, Community Action has been quietly feeding our communities, caring for our elderly, teaching our children, preventing homelessness and educating and counseling adults.

Community Action helps millions of low-income people and families move out of poverty and achieve economic stability through a variety of targeted programs such as Area Agency on Aging, weatherization, job training and placement, financial education, housing and energy assistance and more.

The Greater Erie Community Action Committee, better known as GECAC, is Erie County's Community Action Agency. It was created to change people's lives, improve our community and make it a better place to live. We care about the entire county and are dedicated to helping people help themselves and each other as they move from poverty to self-sufficiency. Whether you are working at minimum wage, a senior living on a fixed income or a wage earner suddenly out of work, Community Action is here to help you meet your emergency needs and start you on the road to self-sufficiency.

## **CONTACT US**

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Phone 814-459-4581 x400 www.gecac.org www.facebook.com/GECACERIE Area Agency on Aging

# **Funding** Provided by

- Pennsylvania Department of Aging City of Erie
- Corporation for National Community Service County of Erie
- Donations from Individuals, Corporations & Foundations
- · Housing Authority of the City of Erie
- United States Department of Agriculture

# **FACTS**

- 1 in 6 people in Erie County is 65+
- 7,779 people in Erie County are 85+
- 1 in 9 seniors 65+ in Erie County live below the poverty level
- Nearly 25% of seniors 65+ in Erie County are still working
- Only 5% of seniors 65+ are in nursing homes
- 1 in 10 seniors are victims of elder abuse
- 45% of women age 75+ live alone
- 360 seniors required Protective Services last year
- GECAC delivers/ serves 11.600 meals to seniors each month
- 2,024 seniors attend **GECAC Senior** Centers
- There are 426 Retired and Senior Volunteers in Erie County
- 60 seniors serve as Foster Grandparents
- Last year, more than 4,000 people received Comprehensive Assessments to determine their long term care needs
- 390 requests for Ombudsman assistance with longterm care facility concerns

Rev. 09/2019



# Your Area Agency On Aging 74, through the Older Americans Act, Congress Since 1974!

In 1974, through the Older Americans Act, Congress established a nationwide network of organizations called the Area Agencies on Aging to serve every senior, in every town throughout America. Your local GECAC Area Agency on Aging was designated as one of those 600 organizations created. Because of these organizations, millions of older Americans have lived more secure, healthier and meaningful lives.

Our mission is to advocate, educate and provide resources for seniors and their caregivers in partnership with the community. Throughout the years, the needs and concerns of older adults and their caregivers have changed, but our mission hasn't faltered.

Today, there are more than 50 million older Americans 65+, with many more on the immediate horizon. As the Area Agency on Aging that serves Erie County, our responsibilities are growing every day. The needs of the oldest old for supportive services are greater than ever, and we must be prepared for the impact of the sizeable baby boomers and how their needs will affect service demands.

The outlook for aging is both exciting and challenging. GECAC Area Agency on Aging will lead Erie County into a future where its older residents can remain independent and involved in the community.

**GECAC** Area Agency on Aging is your first step toward independence, dignity, health and wellbeing.





### Information and Referral

Serves as an entry point for Area Agency on Aging services.

### **Senior Advocate**

Assists seniors in obtaining services and benefits.

### PA Link to Aging and Disability Resources

A network of agencies that provide information for seniors and persons with disabilities.

### **Health Insurance Counseling**

APPRISE counselors answer questions about Medicare & Medicaid.



### **Older Adult Protective Services**

Investigate abuse, neglect, abandonment, or exploitation.

### **Long Term Care Ombudsman**

Investigates complaints in long-term care facilities.

### **Legal Services**

Legal assistance for older adults.



# **REPORT ELDER ABUSE**

DAY: 814-459-4581 x400 EVENING: 814-451-1520



Senior Centers offer hot meals and recreational. educational, and social activities. Free transportation 65+ through the LIFT.

Corry Senior Center 25 South First Avenue 814-664-2477

Erie West Senior Center 1210 West 8th Street 814-451-5634

North East Senior Center 50 East Main Street 814-725-5195

Northwestern Senior Center 9 Academy Street 814-756-5373

R. Benjamin Wiley Central City Senior Activity Center 823 Peach Street 814-451-5633

Tri-Boro Senior Center 7555 Main Street 814-474-2211

Union City Senior Center 27 Johnson Street 814-438-2146

### **Senior Farmer's Market Nutrition Program**

Provides vouchers for fruits and vegetables from farmers' markets in Erie County.



The Area Agency on Aging provides a comprehensive assessment of need on adults who are seeking in-home services or long term care placement.

# Senior Employment & **Volunteer Opportunities**

### **Retired and Senior Volunteer Program**

Helps seniors 55+ to volunteer in the community.

### **Senior Community Service Employment Program**

Provides paid community service for low income seniors age 55+ leading to unemployment.

### **Foster Grandparent Program**

Provides low income seniors age 55+ with a modest stipend for serving in a classroom.

### **APPRISE**

Counselors answer questions about Medicare & Medicaid.

### Volunteer Ombudsman

Advocate for residents in long-term care facilities.



### **Nursing Home Transition**

Helps nursing home residents return to the community.

### **GECAC Meals on Wheels**

Delivers a nutritious meal to seniors.

### **Home PLUS**

Aging services on-site to residents at Schmid Towers and Friendship Apartments.

### **MEDICAID** Waiver

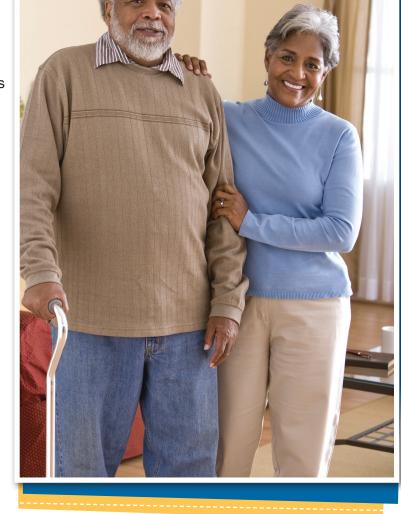
In-home services to frail, medically-comprised seniors age 60+.

### **Domiciliary Care**

Provides living arrangements for adults 18+ unable to live independently.

### **OPTIONS**

Assesses the needs of seniors and develops and implements a plan of care to meet those needs.





### **Family Caregiver Support**

For people caring for elderly parents, spouses, children or relatives that live at home.

GECAC Meals on Wheels delivers a nutritious meal; a warm smile and a safety check that helps keep seniors healthy, safe and living independently in their own homes each year. Meals are delivered by a dedicated army of volunteers.

### Historical Evolution of Programs for GECAC Area Agency on Aging

Senior Advocates Charlie Killiger and Angie Pavlovich pave the way Information and Referral: Transportation and Escort Services; Senior Centers Angie Pavlovich received the Times News Senior

Transportation

Older Adult Protective Services 24 hour on-call

Union City Senior Center moved to current location

Home PLUS received the opment Award for Program Innovation

Health Care

PA Link: Baby Boomers

Services and

Health Services Volunteer Program

Meals on

**GECAC Area Agency** on Aging

1974 ---

Meals served at Senior Centers: Options and Protective Services

Domiciliary

**– – 1975 – – – – 1977 – – 1978 –** 

New North East Long Term

Home PLUS: Aging Waiver

Farmer's Market Nutrition Program

Erie East Senior Center moves to GECAC's office building and renamed R. Benjamin Wiley Central City Senior Activity Center