### **Come Join Us!**

Since its inception, over 2,600 individuals have completed the 5-part training sessions in over 225 facilities. **PEER** have brought about positive cultural changes that significantly enhanced resident relationships with care providers as well as enhance quality of life.

Contact your local ombudsman to start a **PEER** program in your facility.

# Ombudsman services are Confidential and Free!



For more information about services in your community, contact your local Area Agency on Aging.

Office of the State
Long-Term Care Ombudsman
PA Department of Aging
555 Walnut Street, 5th Floor
Harrisburg, PA 17101
(717) 783-8975

aging.pa.gov





Pennsylvania
Empowered Expert
Residents Program
(PEER)

#### What is PEER?

Pennsylvania's Empowered Expert Residents (**PEER**) are long-term care residents who are trained to self advocate and empower their fellow residents to improve their quality of life and quality of care in long-term care facilities. **PEER** is a partnership between residents, facility staff, and the local ombudsman.



# Be a part of the magic that is **PEER!**



# **PEER Philosophy:**

- Resident focused.
- · Give residents a voice.
- Provide a connection with ombudsmen, volunteers and other PEERs statewide.
- Provides residents with opportunities to stay productive and involved.
- Honors PEERs through recognition events.

## Who can become a PEER?

**PEER** is open to all residents of nursing, personal care and assisted living homes, and older adult daily living centers.

5-part empowerment training sessions with a graduation ceremony!

Not only do **PEER**s impact the community where they live, but they also have a voice in issues that affect all of Pennsylvania's older adults.

